## Progetto formativo - Borsa di Studio.

## Scholarship Training plan

**Title:** "Play Inclusive sport environments for children with and without disability (aged 6-13) and their parents."

## **Educational Goals**

The scholarship is related to the research project "Play Inclusive Sport Environments for Children with and without Disabilities (aged 6–13) and Their Parents." The research is funded by the European Education and Culture Executive Agency (EACEA), Erasmus Mundus Sport (Project 101185186 – PlayInc4kids).

The general objective of the project is to develop and test a scientifically-based method aimed at promoting the inclusion of children with disabilities alongside children without disabilities through adapted sports. The specific goal of the project is to design and test innovative and adapted sports disciplines that—based on a common methodology and needs analysis—combine social inclusion values, basic performance skills, and fun to support children with and without disabilities in participating in sports and addressing their risk of dropping out.

The main objectives of the scholarship training plan are to develop theoretical knowledge and methodological skills in survey design within the domain of educational psychology applied to the sports field; to acquire skills in designing and conducting mixed-method studies; to gain expertise in designing, managing, and conducting interviews and surveys; to analyze qualitative and quantitative data; and to write scientific reports.

## **Main Activities**

The main activities will include: reviewing scientific literature on the topic, attending project meetings, conducting interviews with key informants, transcribing interviews verbatim, designing and administering surveys, analyzing qualitative and quantitative data, and writing scientific reports.

The results achieved during the implementation of the training plan will be monitored by the tutor throughout the activities and during the periodic research group meetings. These activities will be documented in a report prepared by the fellow at the end of the period.